

## Blue Aventurine Metaphysical Meaning and Properties

**Blue Aventurine** increases optimism and self confidence, leadership qualities. amplify other stones, aids with third eye gifts. Channeling, Mediumship, Intuition, etc.

## Healing

Throat Chakra, third eye, Angelic Connection, communication for healing from Raphael, speak your truth, calming, mental focus.

Chemical SiO<sub>2</sub>

**Structure** Trigonal

Hardness 6.5

The most common colour of aventurine is green, but it may also be orange, brown, yellow, blue, or gray. Chrome-bearing fuchsite (a variety of muscovite mica) is the classic inclusion, and gives a silvery green or blue sheen. Oranges and browns are attributed to hematite or goethite. **Quartz** is the second most abundant mineral in the Earth's continental crust, after feldspar. Its crystal structure is a continuous framework of SiO<sub>4</sub> silicon—oxygen tetrahedra, with each oxygen being shared between two tetrahedra, giving an overall chemical formula of SiO<sub>2</sub>.